

# The John Birch Fund

## Providing vital support to church musicians across the UK

The John Birch Fund was established by The Royal Society of Musicians in 2013 in memory of organist and choral director Dr John Birch (1929-2012). The Fund provides vital support to church musicians across the UK whose lives have been affected by accident, illness, stress or anxiety.

## The Royal Society of Musicians

### Who do we support?

RSM works with UK based musicians and their families throughout their careers and into retirement. RSM provides vital support to those whose lives have been affected by accident, illness, stress and anxiety.

### Specialist Health Support

RSM provides support to both practising musicians and those in retirement, to those with short term injuries as well as those with long-term needs. We can help towards funding physical and emotional therapies, referrals to specialised practitioners and associated treatments, and potentially the provision of home adaptations or living expenses.

**If you, or someone you know needs our help, please get in touch with our Casework team: [casework@rsmgb.org](mailto:casework@rsmgb.org) / 020 7629 6137**

### Social Network and Coffee Mornings

Our Social Network offers a great way to lift spirits – there's nothing like a catch-up with fellow musicians! Run by a team of volunteer RSM Members, the Network is open to everyone within the profession whether working or retired. With monthly online coffee mornings and other get-togethers, the Network provides a platform for Members and non-members to discuss work-related issues and stay connected throughout the COVID-19 crisis and beyond.

**For more information, please contact [network@rsmgb.org](mailto:network@rsmgb.org) / 020 7629 6137**

### Health Webinars

Our free online webinars are open to all and focus on health issues that are especially relevant to musicians' needs. Run in partnership with BAPAM, each session outlines risk factors and provides strategies to sustain good physical and mental health, in addition to general wellbeing throughout a long and healthy career and especially during the COVID-19 pandemic.

**For full details and to book, please visit our website [www.rsmgb.org](http://www.rsmgb.org)**